

# St. Paul's United Church

October 6th, 2019 - Sixteenth Sunday After Pentecost  
Worldwide Communion Sunday

Portions of the service printed in **bold** are spoken by the whole congregation.  
At the points marked \* - those who are able are invited to stand.

*Mission Statement: To glorify God through Worship, proclaiming the Gospel of Christ and serving others in Christ's name.*

*"Which commandment is the first of all?" Jesus answered, "The first is, 'Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these." - Mark 12:28b-31*

## THE PEOPLE GATHER

**Prelude:** Ciacona Buxtehude

### \* Greeting (Responsive):

The grace of the Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all.

**And also with you.**

### \* Lighting of the Christ Candle

\* **Introit:** Come All You People (X2) MV 2

**Come all you people, Come and praise your maker  
Come all you people, Come and praise your maker  
Come all you people, Come and praise your maker  
Come now and worship the Lord.**

### Welcome & Announcements

\* **Gathering Hymn:** Holy, Holy, Holy VU 315

### \* Call to Worship (Responsive):

Once we were not a people

**But now we are God's people**

Once we didn't know the way

**But God gave us a way**

Once we had no laws

**Then God gave us the 10 best ways to live**

God's way brings fullness of life

**But, It's hard to live as God commands**

Yet we are God's beloved, and God seeks to help us along the way

**Together we come to listen to God's word and give thanks for God's faithful and tender care.**

## St. Paul's Contact Information

stpaulsoffice224@gmail.com www.stpaulsunited.ca

Tel. 458-1183 Fax: 458-1944

http://www.facebook.com/stpaulsunitedfredericton

**Ministers:** Rev. Michelle Armstrong michellenarmstrong@hotmail.com

Rev. Richard Bowley rev.bowley@outlook.com

**Church Manager** Eric Hotte stpaulsoffice224@gmail.com

**Music Director:** Dr. Sharon Pond spond@bellaliant.net

**Choir Director:** Alexis Ervin aervin17@gmail.com

## Office Hours

## Responsive office Hours

	Rev. Richard	Rev. Michelle	Eric Hotte
<b>Cell:</b>	(506)262-2150	(306)858-7602	Eric Hotte
<b>Sun.:</b>	By Appointment	By Appointment	11:30-1:30
<b>Mon.:</b>	9-11 am 1:30-3:30 pm	10-12 pm	10-1
<b>Tues.:</b>	By Appointment	By Appointment	10-1
<b>Wed:</b>	1-3 pm	10:30-12:30 pm	10-1
<b>Thurs.:</b>	1-3 pm	12-2 pm	10-1
<b>Friday:</b>	Day off	Day off	Day off

*The Reverends hours are subject to change due to Emergency Pastoral Care, meetings and other church business elsewhere.*

## Upcoming Weekly Activities

<b>Monday-Friday</b>	8:30 am-4 pm	Adult Learning Association
	8-5:30 p.m.	English Second Language
	11:30-1 pm	AA -Downstairs Lounge
<b>Tuesday</b>	7-9:30	Choral Society
	7-9:30	River Valley Choir
<b>Tuesday &amp; Thursday</b>	12-1 pm	Exercise Group - Gym
<b>Tuesday &amp; Thursday</b>	1-4 pm	Quilting - Quilter's Parlour
<b>Mon., Tues. &amp; Sat.</b>	7-9 pm	AA - Downstairs Lounge
<b>Mon-Thurs</b>	6:30-8 pm	Tae kwon do
<b>Wednesday</b>	9-11am	Pantry
<b>Thursday</b>	7-8:30	Choir Practice
<b>Friday</b>	7:30-9:30 pm	Youth Group (Contact Rev Michelle)
<b>Saturday</b>	10 am-noon	Tae kwon do
<b>Sunday</b>	9:15 am	Bible Study - Conference Room



**THANK YOU**  
*for worshiping  
with us*

*You weren't an accident. You weren't mass produced. You aren't an assembly-line product. You were deliberately planned, specifically gifted, and lovingly positioned on the Earth by the Master Craftsman.*

*- Max Lucado*

**GOD**  
*is*  
**GOOD**  
*All the*  
**TIME**

### Other News

The **Multicultural Association** hosts a sewing program for newcomers each Saturday from 1:00 ~ [5:00](#) at their location [28 Saunders St.](#) It would be lovely to have volunteers lend a hand with sewing tips & sewing machine maintenance to support the growing interest. While giving the gift of time, you receive an enriching cultural experience when joining ladies from around the world. Any number of volunteer hours will be helpful. Marisa, will be happy to receive your calls. Cell [506 447-2618](#) Office [506 452-0660](#)

**Spiritual Plaza**, Hosted by Forest Hill United Church 180 Smythe St, Fredericton. Oct 21 8pm Nov 18 8pm. We meet once a month to discuss spirituality and theology in a non-denominational setting. Many faiths are represented.

Climate, weather, jobs, health, our right to buy things... Is it possible to live out our spiritual beliefs at the crossroads of science, social needs, economics and nature? An **ECObook Club** is organizing this fall at Wilmot United. On the international bestseller list for 3 years, *The Hidden Life of Trees* is a fascinating, easy to read, but not uncontroversial book from professional forester Peter Wohlleben, who has come to understand trees not as products to be 'harvested' but as complex living social beings, not so unlike ourselves deserving of respect and dignity. Proposed times are mid-week, after lunch or after work, depending on interest. All are welcome. For further info, please contact Kathryn Downton at 506-455-2444, or at [treesmatterfredericton@gmail.com](mailto:treesmatterfredericton@gmail.com). Let's discuss!

The Women's Inter-Church Council of Fredericton is having their Annual General Meeting on Friday, Oct 18 at 1:30 PM here at St. Paul's, Please remember Least Coin collection at the meeting. Those who are on the Executive Committee are responsible for providing the Refreshments at the Meeting. Everyone is welcome it is Non Denominational.

Christian Forum - Dr. Lois Mitchell, Dialogue & Division in an Age of Political Correctness Wed, October 16, 2019, 12:10 - 12:50 pm Christ Church (Parish) Church, 245 Westmorland Street. Have you ever wondered how to respond when pushed into the corner by the politics of correctness? Dr Lois Mitchell is Director of International Studies at St. Stephen University. A light reception will be served. Dr. Mitchell will present a second talk at UNB at 4:30 pm.

### Opening Prayer

**Story Time Verse:** Teach Me God (vs 1) VU 299  
 Teach me God to wonder, teach me God to see  
 Let your world of beauty capture me.  
 Praise to you be given, love for you be lived,  
 Life be celebrated, joy you give.

### Story Time for the Young and Young at Heart

**Story Time Verse:** Teach Me God (vs 4) VU 299  
 Teach me God to know you, hear you when you speak,  
 See you in my neighbour when we meet.  
 Praise to you be given, love for you be lived,  
 Life be celebrated, joy you give.

### Prayer of Confession (Responsive):

God of wisdom, when your children so long ago came out of bondage you knew they needed help to live together and so you gave them 10 best ways to live. We today still need your guidance help us to hear and respond to the way of life you commanded. Help us to live in your wisdom for you said:  
 You shall have no other gods before me.

**Lord, forgive our idolatry.**

You shall not make for yourself any idol.

**Lord, forgive us for chasing lesser gods.**

You shall not misuse the name of the Lord your God.

**Lord, forgive our contempt and lack of reverence.**

Remember the Sabbath Day and keep it holy.

**Lord, forgive our forgetfulness.**

Honor your father and your mother.

**Lord, forgive us for neglecting our elders.**

You shall not murder.

**Lord, forgive us for celebrating violence.**

You shall not commit adultery.

**Lord, forgive our lustful hearts.**

You shall not steal.

**Lord, forgive us for oppressing the poor.**

You shall not be a false witness.

**Lord, forgive our lying lips.**

You shall not covet.

**Lord, forgive our greedy hearts.**

Lord have mercy.

**Christ have mercy.**

Lord have mercy.

**Assurance of God's Love**

**Today's Scripture:** Deuteronomy 5:1-21; 6:4-9, Andrew Steeves  
This is the Word of the Lord.  
**Thanks be to God.**

**Anthem:** For Where Love Is There is God Wagner  
**Message** The Ten Best Ways which are really just Two.

**RESPONDING TO GOD'S WORD**

\* **Hymn:** Spirit Open my Heart MV79  
\* **Invitation to the Offering**

**Offertory** Adagio from Concerto II Bach  
\* **Dedication Verse:** What Can I Do MV 191

**What can I do? What can I bring?  
What can I say? What can I sing?  
I'll sing with joy. I'll say a prayer.  
I'll bring my love. I'll do my share**

**Prayer of Dedication**

\***Communion Liturgy**

**SENDING FORTH**

\* **Closing Hymn:** For the Healing of the Nations VU678  
**Commissioning (Responsive)**

We have heard and seen God's great love  
**A love that sustains, supports and guides us**  
Strengthened in this time we go forth to share the love we have known

**As we go, we know we are united with all who seek God's way**

Go now to live as God has shown us, be transformed by what you have heard, seen and tasted.

**Into the world we return, to live into God's word.**

\* **Benediction**  
\* **Choral Closing:** Wherever You May Go MV 216

**Wherever you may go, I will follow,  
And your people shall be my people too.  
Wherever you may go, I will follow:  
For I will be faithful, loyal and true.**

**Postlude** Allegro from Concerto II Bach

**Announcements**

**Greeters:** Brenda & Alan Rayner  
**Collectors** **Upstairs:** Steeves Family  
**Downstairs:** **Left Side:** Linda & Alastair Lamont  
**Middle:** Isabel Green  
**Right Side:** Tammy Coughlan and Dean Jones  
**Coffee Hour** (October 13th): Pantry

**SERVICES & ACTIVITIES**

**Reflective Bible Study and Prayer Group** Sundays at 9:15 am in the office. Tammy Landry is hosting. Come enjoy the scripture and watch the sermon come to life! Stick around afterwards for prayer. Everyone is welcome!

St Paul's has very exciting news, we now have power push button doors, at the Charlotte street entrance and middle outside door at the front of the church. Great news for everyone especially those with accessibility issues.

**Lunch Bags** our bag lunch program is in dire need of proteins like tuna/ham/turkey with pull tab lids. Any donations would be greatly appreciated. This is a wonderful program reaching out to so many that need some nourishment.

These are the Pantry's most needed items: soups (no tomato), canned meat for sandwiches, granola bars, juice boxes, fruit and pudding cups, large juice, canned fruit, cheez whiz, cereals, household cleaners, laundry detergent, paper towels, soda crackers, cookies, ketchup, peanut butter.

*Today in Sunday School:* Community Foundations. Verse of the Month: "God said, I'll be with you" Exodus 3:12 **Bible Story** Call to Freedom. God spoke to Moses from the burning bush and told him to go back to Egypt and free the Israelites from slavery. Moses didn't think he could do what God asked, but God told him that God would be with him. Moses followed God's call and traveled back to Egypt.

**Youth group** dates Mark them on your calendar now! October 11th, Nov 1st, Nov. 15th, (Carol's by Glow stick on Nov 29th), then Dec 6th.

# *The Sacrament of Holy Communion*

## **Invitation to the Table**

**Communion Hymn:** Let us Break Bread Together

VU 480

### **Gathering**

God be with you all

**And also with you**

Lift up your hearts.

**We lift them up to the Lord**

Let us give thanks to the Lord our God

**It is right to give God thanks and praise.**

### **\*Prayer of Thanksgiving**

It is truly right and our greatest joy to give you thanks and praise,

O Lord our God, creator and ruler of the universe.....Who forever  
sing to the glory of your name:

**Holy, holy, holy Lord, God of power and might**

**Heaven and earth are full of your glory.**

**Hosanna in the highest**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

Blessed is the one who comes in the name of the Lord.....Great is  
the mystery of faith:

**Christ has died,**

**Christ is risen,**

**Christ will come again.**

Gracious God, Pour out your Holy Spirit upon us.....The one who  
first taught us to pray saying.

**Our father who art in heaven....**

### **Breaking of Bread and Pouring of the Cup**

We come to this table remembering that On the night in which Jesus  
was betrayed.....Accepting his invitation we come now to this sacred  
meal Shared here and around the world today.

### **Sharing of the bread and wine**

*you will be served in your seat once everyone has received the  
elements we will partake together*

The body of Christ,

**bread for the journey**

The blood of Christ,

**sign and seal of covenant**

### **Post-communion Prayer**

**Gracious God, we thank you for the gracious gift of love  
and this sacred meal shared by the great communion of  
saints this day. May the bread and cup continue to unite  
us in your will and strengthen us for the work of building  
your kingdom of peace, justice, mercy and love. Fed at  
this table, united as children of your promise, born of your  
Word, send us forth to be a blessing and a witness to your  
love. Amen**

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