

How to Make your own Finger Labyrinth



Durable Clay Finger Labyrinth (Like picture above)

Materials: Clay (sculpting best, but Salt dough can work, marble (or other item to make indented path, paint and sealant (optional but recommended), template for labyrinth.

Directions

- 1) Roll clay out to a 3/4 inch thickness. Overlay labyrinth template.
- 2) Press the marble along path to create indent in the clay at least half the depth of clay.
- 3) When removing your labyrinth from excess clay remember to leave a boarder around the path, shape size of this boarder is your choice but circle is most common.
- 4) Air dry of follow baking directions for clay then paint and seal. You are ready to go.

Tin Foil Wrapped Labyrinth

Materials: Thick rope/cord/clay/or Glue Gun), glue gun or white glue, Glue stick (other glue can work), template for labyrinth, base material (cardboard box, piece of wood or other sturdy material, aluminum foil.

Directions:

- 1) Glue your template to your base material so that it doesn't move around, you can use any type of glue for this although glue stick works well
- 2) Once dry take your pathing material and lay it over the path to create a raised area along the path. For rope or cord use glue to stick it to the path, if you are using a Glue Gun to create your path you may need to trace pattern multiple times to get a path ridge pronounced enough, If you use clay you will need to let it dry before going to step 3.
- 3) Step 3 rip off a piece of aluminum foil long enough to cover your labyrinth and wrap around the back of your base material. Using a glue stick apply glue to the back of the aluminum foil. Smooth out the foil over the ridges ensuring the pattern is visible and easy to follow with finger. Secure foil on the back of base.

Advanced Decorative Labyrinth

Take your labyrinth to the next level check out: <https://heatherplett.com/2015/01/make-finger-labyrinth-also-piece-art/>