

**Saint Andrew's Presbyterian
& St. Paul's United
Ecumenical Shared Ministry**
February 8, 2026 - 10:30 a.m.
Fourth Sunday after Epiphany



Minister
The Rev. Michelle Armstrong
Organist & Choir Director
Dr. Sharon Pond
Clerk of Session
Jean Boudreau
Council Chair
Absent
Ministers Emeriti
Rev. Douglas E. Blaikie
Rev. Dr. Basil Lowery

Our Address

512 Charlotte Street
Fredericton, NB E3B 1M2

Office Administrators

Erin Webb
(506) 458-1183
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Office Hours:

Wednesdays.
10:00 a.m. – 2:00 p.m.

Melissa Howard
(506) 458-1183
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Contact for appointment.

Joanna Price
(506) 455-8220
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Office Hours: Mon – Fri
2:30 p.m. - 6:00 p.m.

Bulletin submissions:
Noon Wednesday

We acknowledge that the land on which we gather is the traditional unceded territory of the Wəlastəkwiyik (Wolastoqiyik) Peoples.

This territory is covered by the "Treaties of Peace and Friendship" which Wəlastəkwiyik (Wolastoqiyik), Mi'kmaq, and Passamaquoddy Peoples first signed with the British Crown in 1726.

The treaties did not deal with surrender of lands and resources but in fact recognized Mi'kmaq and Wəlastəkwiyik (Wolastoqiyik) title and established the rules for what was to be an ongoing relationship between nations.

WE GATHER TOGETHER

Prelude: 'Prelude on "Kelvingrove" ' ~ Payne

Welcome & Announcements

Lighting of the Christ Candle

Introit: 'Open Our Hearts' MV 21
Open our heart, open our minds.
Open our lives to you O loving God
open our hearts. (x 2)

Call to Worship: ¹ (Responsive)

Just as sunrise breaks through the darkness each day,
So God's grace, mercy and justice shine forth.
We gather, with devotion and doubt, with weariness and wonder;
trusting that God's peace and love are present here.
Come and worship as you are, knowing you are loved.
We come, rejoicing, to the One who brings life
that is light for all people.

Opening Prayer

Hymn: 'Open My Eyes, That I May See' VU 371
Open my eyes, that I may see
Glimpses of truth Thou hast for me;
Place in my hands the wonderful key
That shall unclasp and set me free. R

(Refrain)

Silently now I wait for Thee,
Ready my God, Thy will to see,
Open my eyes, illumine me,
Spirit divine!

*Open my ears, that I may hear
Voices of truth Thou sendest clear;
And while the wave notes fall on my ear,
Everything false will disappear. R*

*Open my mouth, and let me bear,
Gladly the warm truth everywhere;
Open my heart and let me prepare
Love with Thy children thus to share. R*

Prayer of Confession: ² *(Unison)*

Compassionate and healing God,
you walk among us with the power of life,
and we confess that we are often focused on the wrong thing.
Our imaginations are so constrained by the systems in which we live,
we keep falling back into the old ways even when we know you have set us free.
We have been taught to keep our vision narrow, so we make choices in isolation
and never notice the consequences building up for others.
We have been taught that if we can't do it all, we shouldn't start,
so we hold back on helping anyone because we can't fix everything.
Forgive us for relying on the ways of the world
because the evil we know seems easier than the unknown you promise.
Forgive us for allowing the perfect to be the enemy of the good.
Forgive us for not seeing your grace upon grace
and looking instead for something we can control.
Forgive us and release us from all that keeps us from faithfully following you.
We ask in Jesus' name. Amen.

Assurance of Pardon

Time for the Young and the Young at Heart

THE WORD PROCLAIMED

The Story Before the Story

Prayer for Illumination: ³ *(Unison):*

Holy God, your mysteries surround and astound us each day. Send your Holy Spirit to
open the mysteries of Scripture for us so that our understanding is refreshed and
courage to follow Christ renewed. Amen.

Scripture Readings:

Responsive Psalm: 40:1-5

I waited patiently for the Lord;
he inclined to me and heard my cry.

**He drew me up from the desolate pit,
out of the miry bog,
and set my feet upon a rock,
making my steps secure.**

He put a new song in my mouth,
a song of praise to our God.

Many will see and fear
and put their trust in the Lord.

**Happy are those who make
the Lord their trust,
who do not turn to the proud,
to those who go astray after false gods.**

You have multiplied, O Lord my God,
your wondrous deeds and your thoughts toward us;
none can compare with you.

**Were I to proclaim and tell of them,
they would be more than can be counted.**

Gospel: John 4:46-54

Narrator: Then he came again to Cana in Galilee, where he had changed the water into wine. Now there was a royal official whose son lay ill in Capernaum. When he heard that Jesus had come from Judea to Galilee, he went and begged him to come down and heal his son, for he was at the point of death. Then Jesus said to him,

Jesus: “Unless you see signs and wonders you will not believe.”

Official: “Sir, come down before my little boy dies.”

Jesus: “Go; your son will live.”

Narrator: The man believed the word that Jesus spoke to him and started on his way. As he was going down, his slaves met him and told him that his child was alive. So he asked them the hour when he began to recover, and they said to him, “Yesterday at one in the afternoon the fever left him.” The father realized that this was the hour when Jesus had said to him,

Jesus: “Your son will live.”

Narrator: So he himself believed, along with his whole household. Now this was the second sign that Jesus did after coming from Judea to Galilee.

This is the Gospel of the Lord Jesus Christ. **Thanks Be to God.**

Message

OUR RESPONSE TO GOD'S WORD

Hymn of Response:

'We are Pilgrims'

VU 595

***We are pilgrims on a journey. Fellow travellers on the road.
We are here to help each other walk the mile and bear the load.***

***Sister, let me be your servant. Let me be as Christ to you.
Pray that I might have the grace to let you be my servant, too.***

***I will hold the Christ-light for you in the night time of your fear.
I will hold my hand out to you; speak the peace you long to hear.***

***I will weep when you are weeping. When you laugh, I'll laugh with you.
I will share your joy and sorrow till we've seen this journey through.***

***When we sing to God in heaven, we shall find such harmony
Born of all we've known together of Christ's love and agony.***

***Brother, let me be your servant. Let me be as Christ to you.
Pray that I might have the grace to let you be my servant, too.***

Invitation to the Offering

Doxology

***'Praise God From Whom All Blessings Flow'
Praise God from whom all blessings flow,
Praise God, all creatures high and low,
Praise God in Jesus fully known:
Creator, Word and Spirit, One.***

VU 541

Prayer of Dedication: ² (Unison)

In glad thanksgiving for your goodness and all the blessings we know in this life, we pray your blessing on us and these gifts that we and them may be used for the building up of your reign in the world. In the strong name of Jesus, we pray, amen.

Prayers of the People

The Lord's Prayer:

**Our Father, who art in heaven, hallowed be thy name;
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

WALKING TOGETHER IN THE WAY

Hymn:

'Healer of our Every Ill'

VU 619

(Refrain)

*Healer of our every ill,
light of each tomorrow,
give us peace beyond our fear,
and hope beyond our sorrow.*

*You who know our fears and sadness,
grace us with your peace and gladness.
Spirit of all comfort, fill our hearts. R*

*In the pain and joy beholding,
how your grace is still unfolding.
Give us all your vision, God of love. R*

*Give us strength to love each other,
every sister, every brother.
Spirit of all kindness, be our guide. R*

*You who know each thought and feeling,
teach us all your way of healing.
Spirit of compassion, fill each heart. R*

Commissioning & Benediction

Choral Closing:

'This Little Light of Mine'

MV 138

*This little light of mine, I'm gonna let it shine.
This little light of mine, I'm gonna let it shine.
This little light of mine, I'm gonna let it shine,
Let it shine, let it shine, let it shine.*

Postlude: *'Coronation March'*

~ Rizzotto

¹ - Adapted from PCC worship planner January 8, 2026; ² - Bible worm Liturgy November 8, 2026;

³ - PCC Worship Planner February 8, 2026

GOOD MORNING AND WELCOME EVERYONE!

May this service be a blessing to you
as we continue to worship together each week, in person and online.

Please join us in the Hall following service for fellowship and refreshments.



Frank Leroy Goddard, a longtime member of St. Paul's community, died Sunday, Feb. 1 at the Dr. Everett Chalmers Hospital. Frank served his church most recently as a Trustee; he also contributed to and encouraged the work of the Pantry and Refugee Sponsorship projects. We offer our condolences to his daughter, Dawn Goddard-Spencer (Donald) and his son, Steven Goddard (Heather), and to all who knew him as part of the St. Paul's church family. To access his obituary on the McAdam's Funeral Home website, use this link:

<https://mcadamsh.com/tribute/details/2378/Frank-Goddard/obituary.html#tribute-start>

Please join us in welcoming Melissa Howard back to the St. Paul's Office Team!

Melissa was the Office Administrator in 2021 and is now back working "behind the scenes", 7 - 10 hours per week. Melissa is responsible for all business communications and financial transactions as well as recording donations. Should you need to meet with her for any reason, please email the office - to her attention - and a mutually convenient time can be scheduled.

The office email is stpaulsoffice224@gmail.com.

Erin Webb is continuing to graciously volunteer in the office and provide community facing hours on Wednesday 10 a.m. – 1 p.m. While in the Office, Erin administers the Brown Bag Program, maintains an effective Social Media presence for our Shared Ministry, creates our community calendar and performs ad hoc general administration duties as able.

Should you have anything you wish to leave for either Melissa or Erin, please place it in an envelope marked to their attention and leave in the mail bin on the St. Paul's Office door.

At this time, Joanna's community facing office hours remain 2:30 – 6:00 pm Monday – Friday.

Thank you for your patience and support as we re-structure our offices to better meet the needs and means of our Shared Ministry.

Respectfully,

the Joint HR Committee of the ESM (Lois Walker, Andrea Allen, Glynis Gremm, Jean Boudreau)

Thank you to our Volunteers today:

Greeters - Valerie Gallagher and Mary Stickle

Scripture Readers: Cathy Davis (Responsive Psalm and Official)

Magenta Watson (Narrator), Rick Gremm (Jesus)

Audio/Visual - Glynis Martin, Beth and Shawn Meister

Counters - Rose Carolyn Smith and assistant / ***Tellers*** - Laura Steeves and Alan Thorne

Fellowship Hosts: Beth and Shawn Meister

Reminders:

Council meets on Wednesday at 6 p.m. in Rev. Michelle's Study.

All reports for inclusion in the Annual Reports are due in the office ASAP.

TIME TO CELEBRATE!

Saint Andrew's Presbyterian Minister Emeritus
Rev. Dr. Basil Lowery and his wife Edith
both celebrate 90th birthdays this month.

We are all welcome to join them at an
Open House in their honour to be held
next Saturday, Feb. 14th, 2 - 4 p.m. at
St. James Presbyterian, Hanwell.

Best Wishes only!

SUNDAY FELLOWSHIP SCHEDULE

Feb. 15 – Cathy Davis and Patty Trail
Feb. 22 – Ron and Sandra Steeves
March 1 – ***Volunteers needed!***
March 8 – ***Volunteers needed!***
March 15 – The Simpsons

The sign up sheet is available
on the bulletin board in the Hall entry.
Thank you for supporting this ministry!

Shrove Tuesday Pancake Supper - A Feast Before the Fast!

Join us at St. Paul's and St. Andrew's for a traditional Shrove Tuesday celebration!
Come enjoy a delicious, hearty meal and wonderful fellowship
before the Lenten season begins.

This is a perfect opportunity to gather with neighbors and friends.

On the Menu: Pancakes with syrup, sausages, homemade baked beans, and pie with tea.
***When:** Tuesday, February 17th at 5:30 PM ***Where:** in the Hall ***Cost:** Free will offering.

All are welcome - please bring a friend and your appetite!

Friday A.M. Breakfast 2 Go currently need the following items:
Cheese Whiz, peanut butter, instant coffee, individual cereal boxes and toilet paper.

The Pantry needs the following items for their clients:
White sugar, Syrup, Fruit cups, Chunky soup, Sardines.

The Brown Bag Lunch Program currently needs proteins
with flip-top lids, such as flakes of ham or turkey.

Donations to all our outreach programs are greatly appreciated.

ONGOING CONGREGATIONAL ACTIVITIES

Monday - Friday ~ ***Community Outreach ~ Brown Bag Lunch Program***
Tuesdays ~ ***Ladies Group, 9:30 a.m. in the Hall - All are welcome!!***
Tuesdays & Thursdays ~ ***Quilting Group, 1 - 4 p.m. in the Parlour - All are welcome!***
Wednesdays ~ ***Community Outreach ~ Pantry Program –***
~ ***Bible Study, 6-7 p.m., Rev. Michelle's Study – All welcome!***
Thursdays ~ ***Choir Practice, 7-8 p.m. in the Hall ~ All welcome!***
Fridays ~ ***Community Outreach Breakfast 2 Go, 9-10:30 a.m.***

Parking for Sunday Service

If our lot is full, extra spaces are available at *Bright Minds Early Learning Centre*, 486 Needham St. (behind us), a 2 min. walk out Carleton St. to the West door of the church.

CONNECTING WITH REV. MICHELLE

Rev. Michelle can be reached at either office number:

(506) 455-8220 or **(506) 458-1183**,

on her direct office line:

(506) 455-0639,

or by text or call to her cell:

(506) 259-7602

or via email at michellenarmstrong@hotmail.com

Her drop-in office hours are Sundays & Mondays, 1 -2:30 p.m.

Appointments are preferred to ensure the time you need to connect.

The parking spots in our lot reserved for the Minister and Organist are not to be parked in at any time, as both Rev. Michelle and Dr. Sharon are here at various times during the week and need to have clear access to their reserved parking, especially in the evenings.

Thank you for your understanding and cooperation

Can't make it to Sunday Service in person?

Join us via Zoom: <https://us02web.zoom.us/j/83673756287> Passcode: **2023**

View anytime on YouTube: <https://www.youtube.com/@st.paulsunitedchurch984/videos>