

**Saint Andrew's Presbyterian  
and St. Paul's United  
Ecumenical Shared Ministry**

**March 8, 2026 - 10:30 a.m.**

**Lent III**



Minister

**The Rev. Michelle Armstrong**

Organist & Choir Director

**Dr. Sharon Pond**

Clerk of Session

**Jean Boudreau**

Council Chair

**Vacant**

Ministers Emeriti

**Rev. Douglas E. Blaikie**

**Rev. Dr. Basil Lowery**

**Office Administrators**

St. Paul's

**Erin Webb & Melissa Howard**

Erin: Wednesdays, 10 am – 1 pm

Melissa: By appointment.

Call or Email:

(506) 458-1183 or

[stpaulsoffice224@gmail.com](mailto:stpaulsoffice224@gmail.com)

Saint Andrew's

**Joanna Price**

Monday - Friday

9 am – 1 pm

(506) 455-8220

[sapcfred@gmail.com](mailto:sapcfred@gmail.com)

**Our Address**

512 Charlotte Street

Fredericton, NB E3B 1M2

*Bulletin submissions:*

**Wednesday by Noon**

*We acknowledge that the land on which we gather is the traditional unceded territory of the Wəlastəkwiyyik (Wolastoqiyik) Peoples.*

*This territory is covered by the “Treaties of Peace and Friendship” which Wəlastəkwiyyik (Wolastoqiyik), Mi'kmaq, and Passamaquoddy Peoples first signed with the British Crown in 1726.*

*The treaties did not deal with surrender of lands and resources but in fact recognized Mi'kmaq and Wəlastəkwiyyik (Wolastoqiyik) title and established the rules for what was to be an ongoing relationship between nations.*

---

**WE GATHER TOGETHER**

***Prelude: 'Passacaglia'***

*~ Fey*

***Welcome & Announcements***

***Lighting of the Christ Candle***

***Introit:***

*'Healer of Our Every Ill'*

**VU 619**

*Healer of our every ill,*

*light of each tomorrow,*

*give us peace beyond our fear,*

*and hope beyond our sorrow.*

***Call to Worship: <sup>1</sup> (Responsive)***

When God sets a table,

**all are welcome, even those with their own agenda.**

As Christ feeds us with his very life,

**all are served, all are loved, even those who feel unworthy.**

The Spirit helps us see,

**all our assumptions that we need to release, so we are ready to embrace a new truth.**

As we gather, the sovereign of all is among us,

**we come with praise to follow where he leads.**

***Opening Prayer: <sup>2</sup>***

***Hymn:***

*'Come In, Come In and Sit Down'*

**VU 395**

***(Refrain:)***

*Come in, come in and sit down,*

*you are a part of the family.*

*We are lost and we are found,*

*and we are a part of the family.*

*You know the reason why you came, yet no reason can explain,  
so share in the laughter and cry in the pain,  
for we are a part of the family. R*

*God is with us in this place, like a mothers warm embrace.  
We're all forgiven by God's grace,  
for we are a part of the family. R*

*There's life to be shared in the bread and the wine,  
we are the branches Christ is the vine.  
This is God's temple, it's not yours or mine,  
but we are a part of the family. R*

*There's rest for the weary and health for us all,  
there's a yoke that is easy and a burden that's small.  
So come in and worship and answer the call,  
for we are a part of the family. R*

***Prayer of Confession: <sup>2</sup>***

Loving God,  
you don't just speak of your kingdom,  
you enact it,  
and we confess we still don't really understand.  
We don't know how to flip the hierarchies of this world,  
let alone how to eliminate them.  
You show us power made perfect in service,  
and we look for what advantage can be gained.  
You show us love that pours out its life for the other,  
and we look for the right answers.  
Forgive us when we try to bypass the parts that make us uncomfortable.  
Forgive us when we try to fit you into the systems of this world.  
Forgive us when we receive but then fail to give.  
Make us ready to follow your example  
and to love one another as you have loved us.  
We ask in the name of the One who kneels at the feet of his friends,  
Jesus the Christ. Amen.

***Assurance of Pardon <sup>3</sup>***

***Time for the young and the Young at heart***

## **THE WORD PROCLAIMED**

### ***The Story Before the Story***

#### ***Prayer of Illumination:*** <sup>4</sup> *(Unison):*

**Jesus Christ, we turn to you this day to be refreshed by God's living Word in the Scriptures. Let the Holy Spirit open our eyes to your truth and shine truth on the way you set before us. Amen.**

#### ***Scripture:*** John 13:1-7

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already decided that Judas son of Simon Iscariot would betray Jesus. And during supper Jesus, knowing that the Father had given all things into his hands and that he had come from God and was going to God, got up from supper, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him.

He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me."

Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you." For he knew who was to betray him; for this reason he said, "Not all of you are clean."

After he had washed their feet, had put on his robe, and had reclined again, he said to them, "Do you know what I have done to you? You call me Teacher and Lord, and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, slaves are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.

This is the Gospel of the Lord Jesus Christ.

**Thanks be to God.**

***Anthem:*** *'What Wondrous Love'*

*~ Dupree*

***Message***

## **OUR RESPONSE TO GOD'S WORD**

### ***Hymn of Response:***

*In Loving Partnership We Come'*  
***In loving partnership we come,  
seeking, O God, your will to do.  
Our prayers and actions now receive;  
we freely offer them to you.***

**VU 603**

***We are the hands and feet of Christ,  
serving by grace each other's need.  
We dare to risk and sacrifice  
with truthful word and faithful deed.***

***Loving community we seek;  
your hope and strength within us move.  
The poor and rich, the strong and weak  
are brought together in your love.***

***In loving partnership, O God,  
help us your future to proclaim.  
Justice and peace be our desire,  
we humbly pray in Jesus' name.***

### ***Invitation to the Offering***

#### ***Doxology***

*'Praise God From Whom All Blessings Flow'*  
***Praise God from whom all blessings flow,  
Praise God, all creatures high and low,  
Praise God in Jesus fully known:  
Creator, Word and Spirit One.***

**VU 541**

#### ***Prayer of Dedication:***<sup>5</sup> *(Unison)*

Lord and Teacher, you kneel to serve and call us to follow. As we remember your commandment to love we offer these gifts in response to your mercy. Strip away every hesitation and selfish concern, that we may give with courage and in commitment to follow where you lead. With these gifts we offer ourselves, our presence, our witness and our service, now and always. In Jesus' name, we pray. Amen.

#### ***Prayers of the People & Lord's Prayer:***

Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread, and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## **WALKING TOGETHER IN THE WAY**

**Hymn:**

*To Show by Touch and Word`*

**VU 427**

***To show by touch and word devotion to the earth,  
to hold in high regard all life that comes to birth,  
we need, O God, the will to find  
the good you had of old in mind.***

***Renew our minds to choose the things that matter most,  
our hearts to long for truth till pride of self is lost.  
For every challenge that we face  
we need your guidance and your grace.***

***Let love from day to day be yardstick, rule, and norm,  
and let our lives portray your word in human form.  
Now come with us that we may have  
your wits about us where we live.***

### ***Commissioning & Benediction***

**Choral Closing:**

*'Throughout these Lenten Days and Nights'*

**VU 108, Vs. 5**

***So let us choose the path of one  
who wore, for us, the crown of thorn,  
and slept in death, that we might wake  
to life on Resurrection Morn!***

**Postlude:** *'Trumpet Tune'*

*~ Fey*

---

<sup>1</sup> - Adaptation of Bill Hoppe Worship Elements: Holy Thursday 2022 MinistryMatters.com Sept 2, 2021 and Teri Peterson Bibleworm Liturgy March 1, 2026; <sup>2</sup> -Teri Peterson BibleWorm Liturgy March 1, 2026; <sup>3</sup> - Adapted from Teri Peterson BibleWorm Liturgy March 1, 2026; <sup>4</sup> -PCC Worship Planner March 8, 2026; <sup>5</sup> - Adapted from David S Bell, [www.davidsbell.org](http://www.davidsbell.org) April 2, 2026 – Maundy Thursday.

---

**GOOD MORNING AND WELCOME EVERYONE!**

May this service be a blessing to you  
as we continue to worship together each week, in person and online.

***Please join us in the Hall following service for refreshments and fellowship.***

### **In the Narthex today:**

Pick up a copy of the latest issue of the ***Presbyterian Connection***. The front page article was submitted by the Rev. Susan Braiser, former Minister of Saint Andrew's Presbyterian.

**Also**, there is a card to sign for Brian Webb, who is recovering from a recent sliding accident.

**Thank you to our Volunteers today:**

**Greeters** - Arlene MacDonald and Ron Naugler

**Scripture Reader** - Rebecca Jonah

**Audio/Visual** - Glynis Martin, Beth and Shawn Meister

**Counters** - Colleen Watson and assistant / **Tellers** - Laura Steeves and Alan Thorne

**Fellowship & Refreshments Hosts** - Lois Paterson and Barb McGuigan

A special thank you to Ella Armstrong, who helped stuff envelopes before service last Sunday.

**CURRENT NEEDS OF OUR OUTREACH PROGRAMS**

**The Pantry:** Mr. Clean; dish detergent; laundry detergent (only a few left); cereals; cookies; sugar; salt.

**Brown Bag Lunches:** juice boxes.

**Breakfast 2 Go:** Canned meat and fish Cheese Whiz; peanut butter; instant coffee; mini cereal boxes; TP.

*All donations are appreciated!*

**SUNDAY FELLOWSHIP SCHEDULE**

**March 15** - The Simpsons      **March 22** - *Volunteers needed!*

**March 29** - Kim Keetch, Beth and Shawn Meister

Sign up sheet for volunteers is on the bulletin board in the Hall entry.

***Thank you for your ongoing support of this ministry of hospitality!***

**TODAY! The Annual World Day of Prayer Service**, 2:00 p.m. at St. John's Anglican Church, 75 Main Street, Fredericton, hosted by the Women's Inter-Church Council of Fredericton. The 'Theme - "I Will Give You Rest: Come." (Matthew 11:28-30); service prepared this year by the Women of Nigeria. Refreshment and Fellowship following the services. ~ All are welcome, women and men.

**HAPPENING THIS WEEK**

**Wednesday, March 8**

**Policy Finance and Maintenance** Committee meets via Zoom, **5:30 -6:30 pm**

**St. Paul's Council** meets from **6:00 -7:30 pm**

**ONGOING CONGREGATIONAL ACTIVITIES**

**Tuesdays** ~ *Ladies Group, Hall, 9:30 am ~ All are welcome!*

**Tues. & Thurs.** ~ *Quilting Group, Parlour, 1 - 4 pm ~ All are welcome!*

**Wednesdays** ~ *Pantry Program, Basement, 9 -11 am*

~ *Brown Bag Lunch Program, St. Paul's Office, 10:00 am - 1:00 pm*

**Thursdays** ~ *Bible Study, Rev. Michelle's Study, 6 - 7 pm ~ All are welcome!*

~ *Choir Practice, Hall - 7 - 8 pm ~ All are welcome!*

**Fridays** ~ *Breakfast 2 Go, Hall entrance - 9 - 10:30 am*

**Nashwaaksis United Church Special Events Committee** is planning “An Artful Tea”, on Friday, March 20<sup>th</sup> from 2:00 - 4:00 pm. Enjoy afternoon tea, sweets and sandwiches while viewing artwork displays, with some for sale, by students of Kathy’s Kreative Art Groups. All are welcome!

**CAMP GEDDIE** is now seeking staff for the 2026 summer season. We welcome anyone and everyone above the age of sixteen to apply on the many positions being offered. It runs this year from July 2 until August 14. Campers may also register at this time according to the available specified dates and age group. For more information, please visit the website at [campgeddie.ca](http://campgeddie.ca). We are looking forward to an excellent summer experience of faith and fun for all involved.

**CONNECTING WITH REV. MICHELLE**

Rev. Michelle can be reached at either office # **(506) 455-8220** or **(506) 458-1183**, on her direct office line: **(506) 455-0639** by text or call to her cell: **(506) 259-7602** or by email at

[michellenarmstrong@hotmail.com](mailto:michellenarmstrong@hotmail.com)

or during her ‘drop in’ office hours:

**Sunday and Monday, 1 -2:30 pm**

(Pre-booked appointments are preferred to ensure the time you need to connect.)

**Parking for Sunday Service**

If our lot is full,  
extra spaces are available at  
**Bright Minds Early Learning Centre,**  
**486 Needham Street,**  
a 2 min. walk out Carleton Street  
to the West door of the church.

Reserved parking spaces in our lot for the  
Minister and Organist  
are to be available to them 24/7.

Thank you  
for your understanding and cooperation.

**Can't make it to Sunday Service in person?**

Join us via Zoom: <https://us02web.zoom.us/j/83673756287> Passcode: **2023**

View anytime on YouTube: <https://www.youtube.com/@st.paulsunitedchurch984/videos>